

TEAM MEMBERS OF THE MONTH

Thank you for your commitment and dedication to the team!

SERVICE SUPER STAR



Cory VanNortrick is the Service Superstar for March. He joined ASEI in December of 2013 bringing with him 14+ years of experience in commercial HVAC and refrigeration. Cory is highly respected and appreciated at ASEI due to his eagerness to help others and willingness to see things through regardless of difficulty or pressure. Cory is the lead technician at one of our biggest accounts, TCA. It is an incredible responsibility to protect our investment with TCA and Cory is viewed by ASEI and TCA as the

onsite HVAC expert. Cory's confidence in himself and our company was demonstrated at a recent meeting with the TCA Facilities Management team and ASEI Service Management team; Cory demonstrated leadership and an ability to keep a calm and positive demeanor while under pressure.

In his free time, Cory enjoys golf and pool. In fact, Cory is the team leader in his Pool League and they've traveled out of state to participate in competitions. Cory VanNortrick lives with his teenage son, Eric, in the Bonney Lake area.

CONSTRUCTION ALL STAR



Chris Cook is our Construction All-Star for March. Chris is our newest Construction Technician. He joined the Air Systems team in November of last year. Chris has worked numerous projects since then notably Toray Lab and Fluid Cooler which required a few thousand feet of copper pipe from 1" to 3" diameters. He also has worked Calvary

Community Church and Temple Beth El which required controls, refer and gas piping installation. Staybridge Hotel in Seattle has been a particular treat with unexpected challenges with room occupancy controls and equipment start-ups.

Chris graduated from the HVAC course at CITC and came highly recommended by one of his fellow classmates namely our own Allen Carter.

TEAM BEHIND THE SCENE



Jessica Bruce joined the ASEI team in July of 2006 starting as support for the construction sales group. Shortly after that, Jessica voiced an interest in joining the Engineering Dept. as a CAD draftsman. She has many responsibilities aside from drafting, including applying for and obtaining all needed permits, compiling submittals, operation and maintenance manuals and multiple other tasks supporting all departments within the company. Jessica is a dedicated team player with an outstanding work ethic. You can always count

on her to help wherever she is needed with an upbeat and professional attitude.

Jessica and her husband Rick live in the Parkland area with son, Max (18 months). As you can imagine, much of their time is focused on the active life of their toddler. Other interests include spending time with family, attending concerts, maintaining their rental properties and taking care of their cats, Charlie and Gracie.

Congratulations Jessica and thanks for all you do!!

NEW JOBS

SAMURAI JAPANESE STEAKHOUSE

TACOMA:

The old Sakura Japanese Steakhouse restaurant located in Tacoma just off of 38th Street is changing ownership and will go through an extensive remodel and expansion. Air Systems Engineering will be a part of this change and will be installing (20) cooking hoods with associated exhaust fans, (10) modulating gas fired make-up air units, and (5) HVAC roof top units. The work also includes new air distribution system throughout, gas piping, grease duct, and electrical work. Heavy engineering is underway and work should commence by first part of April. Project hopes to wrap up by end of May.

CARINO & ASSOCIATES:

The Carino Group is moving their office operations from DuPont location to the Esplanade building located on Dock Street. The new system that Air Systems Engineering will be design and installing will be a Daikin VRF (variable refrigerant flow) system. This system utilizes one outdoor heat pump unit that feeds a refrigeration distribution control box that then feeds several small air handling units to control comfort throughout the space. Project is just under way for design and installation on this project should start in April.

SMALL PROJECTS

University of Washington Tacoma has begun to allocate resources for 2015, starting with some fume duct modifications at the Science Building. Several opportunities are pending for UWT this year, including more work at the Science Building, and some large remodel projects at the McDonald Building.

Air Systems Engineering is developing partnerships in the restaurant community, with resulting jobs flowing from those relationships. First up is Indostreet of Tacoma, an Asian Bistro on Tacoma Avenue. Construction has begun on this remodel, with our contributions starting in early April. The proprietors of Indostreet are chefs at Indochine near UWT on Pacific Avenue, and the building's owner has many restaurant and mixed-use holdings in our area. Sustained quality and performance by ASEI will carry through into additional prospects.

GOODWILL OF THE OLYMPICS

Air Systems Engineering has contracted with Goodwill of the Olympics to replace a failed rooftop HVAC unit in one of the retail stores located on Yelm Highway in Lacey and also to replace damaged duct work in the production area in Longview. **Eddie Wood's** team will work on completing these projects. **Ernie Richmond** is the project manager for the Goodwill projects.



JOB NOTES

CAMP ARNOLD

Sheet metal fabrication has been going strong as **Alex Crawford** and **Tom Hamilton** wrapped up the new ductwork for this location. Handing the materials off for installation the rough-in work has now begun and **Tim Farrell** has had his hands full with the installation of the new ductwork, grilles, registers and diffusers.

FHS SPANAWAY

Work is coming to an end and crews have been busy with the new HVAC work. New ductwork, volume dampers, grilles, and exhaust fans are just a few of the items that **David Price, Greg Thompson, Bill Shankus, Chris Cook, and Marco Garay** have been installing at this Franciscan Health System property. Keep up the great work!

TECH TIP: THERMOSTATS

By Bill Dixon, Service Team Leader

While changing clocks back for daylight saving don't forget to check the time on the thermostats. While many thermostats these days already have the time change built in some have the time change happen on the pre 2007 date, and even older thermostats that are in use do not adjust their own clock at all. If and when your thermostat changes its clock is a pretty good indicator of its age, and while it may be still functioning it may be out of date and could be

upgraded. Many modern thermostats have energy saving features that can make that upgrade an easy choice. Some of the new features included in today's thermostats include; adaptive energy recover, morning warm up capabilities, occupancy control of the economizer, remote access via Wi-Fi, ventilation control, and operation trending. While a new thermostat does not guarantee energy savings the new functions can be used to save energy

WELCOME NEW SERVICE CUSTOMERS!

- Albers Mill Lofts
- Chelsea Heights Residential
- Chelsea Heights Commercial

*We **welcome** our new service customers and look forward to serving you!*

SERVING CSUSA NATIONAL ACCOUNTS

By Stephanie Fleming, Service Coordinator

The National Accounts team is a division within Comfort Systems that handles several nationwide accounts such as PacSun, Petco, Total Wine & More, Nike and Coca-Cola. Planned maintenance visits and service calls are coordinated through the team at National Accounts. Josef Hilderbrand and Kyle Whitman are our main National Accounts technicians. Because both are on my team, I've had the opportunity to work with the National Accounts group on a regular basis. Since joining the Service team last March, I've had the privilege of working with multiple Accounts Managers and have become very familiar with the processes. Gabriel Gecan, Corey Jackson, Jeannie Cleary and Jon Bruner have been instrumental in helping me learn and understand the process and be sure to close all the loops.

Though most of our group here at ASEI is aware of the National Accounts team, there are some that may not understand how the process works. When a service call or planned maintenance comes in from National Accounts, we are given a description of the call, as well as an ETA that

we must be able to commit to in order to take the call (usually within 2-4 hours for service calls). We then receive paperwork with all of the information, which our tech must take to the site and fill out and have signed by the manager on duty. There are specific check-in/check-out procedures that our techs must follow when working on these sites. It's imperative for our technicians to follow these procedures to ensure the invoicing and follow-up process goes smoothly.

The NA team is very diligent in following up on outstanding repair work. Our Service Repairs Coordinator, Terry Moody, is essential in getting the information from our technicians and turning it over to the National Accounts team in a timely fashion. They have set the bar extremely high to deliver the best possible service to our customers.

National Accounts has allowed us to serve customers we may not have had access to on a local basis. We appreciate the business NA provides us and look forward to serving even more customers in the future!

SAFETY CORNER: ON THE JOB INJURIES

By Scott DeBoo, Service Technician

Thousands of workers are injured on the job every year. Some of these injuries are serious and life-threatening, while others are not as



grave and require little attention. From developing carpal tunnel because of too much time typing to injuring a finger while working with metal, injuries occur in a number of working environments and can affect any worker. Reducing the occurrence of injuries is the main objective of safety and health professionals all over the country.

Some causes for workplace injuries include:

1. Overexertion. Injuries from excessive lifting, pushing, pulling, holding, carrying or throwing.
2. Falls on same level or falls to a lower level.
3. Bodily reaction. These injuries include bending, climbing, reaching, standing, sitting, slipping or tripping without falling.
4. Struck by an object.

What can we do to reduce these injury causes? For **overexertion**, I've worked with nurses and other workers at different facilities and it has all come to a pretty common answer: Get help if available or use devices to assist with the task if possible. The problem is that's not always possible. For those that do not have the luxury of help or assistance proper technique and training is recommended.

Proper housekeeping is one way to reduce injuries from **falls**. Keeping your work area clean

and clutter-free is very important in preventing these kinds of injuries. Also, using anti-slip coatings on floors or wearing anti-slip footwear might help reduce falls.

Some important ways to reduce **bodily reaction injuries** include eliminating environmental factors that can cause these injuries. Be aware of hazards that can cause injuries, such as improper placement of tools or clutter around your workstation. Also, maintain a healthy lifestyle with proper physical conditioning and prevent situations that carry prolonged awkward posture.

In preventing **falls to lower levels**, always make sure ladders are in proper working order and scaffolding has been built and repaired correctly. It's important to make sure that these tools are inspected and maintained regularly. Also, remember to wear proper fall protection where applicable.

A few of the simpler ways to reduce injuries caused by "**struck-by objects**" include: wear hardhats to avoid falling objects; stack materials properly to prevent sliding, falling or collapse; and always wear proper PPE. This includes safety glasses, goggles, face shields, hard-toe or steel-toed boots and gloves to name a few. Don't work under cranes, hoists or heavy machinery while it's being operated. To avoid struck-by incidents with vehicles, workers should wear seat belts, check vehicles thoroughly and wear highly visible clothing.

These are just a few examples of what can be done to reduce these types injuries in your workplace. With proper training and awareness, fewer people will be injured on the job.

QIP IT

By Sandy Colyer, Office Manager

ASEI employees met Friday, March 20th for the monthly breakfast meeting. The featured



program was discussion about Courage Classic Bicycle Tour that raises funds for the Intervention and Prevention of Child Abuse and Neglect for Multicare's Mary Bridge

Children's Hospital. ASEI usually has some employees who participate in the Courage Classic Bicycle Tour. The guest speakers were **Alicia Chapman**, Executive Director, MultiCare South King Health Foundation, **Karlan Jessen**, Courage Classic Event Manager and **Michael Clark**, Director of Special Events and Corp. Relations. The funds raised for the endowment ensures that the children in our communities and

their families will never be turned away from the help they might need in the case of sexual or physical abuse. The bicycle tour is 3 days covering 173 miles over 3 mountain passes, from Snoqualmie to Skykomish. Participants earn money for the endowment.

Other agenda items included a safety talk from Sales Project Mgr. Ernie Richmond, a sales update from Sales Manager Mike Riggins, as well as various announcements.

The meeting came to a conclusion when the Team Members of the Month were revealed and lucky door prize winners were presented with fabulous gifts.

NEW FACES

Air Systems Engineering is pleased to welcome the following new team members:

Paul Allen joined the Service team on March 3 as a Service Technician. He is a journeyman and brings 10 years of experience with him.

Roger Legg, Controls Specialist, began March 9th in our Engineering Department. He brings 27

years of experience in the HVAC and controls arena.

Filling some vacant spots on a temporary basis in our office are:

Alex Blakley, Accounts Payable/Service Billings
Nancy Nelson, Receptionist/Data Entry Clerk

EMPLOYEE ANNIVERSARY DATES

	<u>Anniversary</u>	<u>Years of Service</u>
Pam Cox, Service Coordinator	4/25/2013	2 yr.

April

HAPPY BIRTHDAY TO YOU...

- April 6 Kyle Whitman, Service Technician
- April 7 Steve Wilder, Service Technician
- April 11 Ernie Richmond, Project Sales
- April 15 Dave Price, Lead Sheet Metal Installer
- April 21 Tam Caruthers, Service Cont. Admin.
- April 23 Jake Hamilton, Service Technician
- April 29 Jeff Lulay, Service Technician/Team Leader



Answers: 1) d. 1931 2) b. St. Patrick's Day parade 3) d. Vice President to Ulysses S. Grant 4) c. Everly Brothers 5) c. 8.4 Earthquake

SAVE THE DATE TO PLAY GOLF!

Mark your calendar to play in ASEI's 19th Annual Charity Golf Tournament. We're looking for players, sponsors and prize donations. Take the time to enjoy a round of golf with friends and colleagues, get some exercise in the great outdoors, and at the

same time market your company and know that you are helping support a great cause: The Rescue Mission's Food Service and Feeding program.



What: 18 holes of golf, a power cart, BBQ ribs and chicken dinner
Where: High Cedars Golf Club, 14604 149th St. Ct. E., Orting
When: Friday, Aug. 21, 2015, 1:00 pm Shotgun Start

NEW ARRIVALS

Service Coordinator **Pam Cox** delivered a healthy boy, **Alexander James Uhler** at St. Joseph Hospital on March 11 at 7:06 pm. He weighed 9 lbs. 8 oz. and measured 21.5 inches at birth. Mom reports that he has a nice head of dirty blonde hair and baby blue eyes. Dad is already dreaming of his future football career (and is a little jealous of his hairline). Sister Alyssa is waiting for



when they can play. Mom is looking forward to getting at least a 3 hour block of sleep. And Alexander? He likes to keep it simple. He just wants to know when he's getting his next meal and diaper change.



Service Technician **Doug Drake** proudly announced the arrival of his granddaughter,

Aurora Taylor. She was born Monday Feb. 23 at 5:23 am. Congratulations to the Drake family!

MARCH TRIVIA: More to March than just St. Patrick's Day

Here's a fun March Trivia quiz. Circle your answers then check how you did below.

- On March 3rd of what year, did the President sign the congressional act making "The Star-Spangled Banner" the official national anthem of the US?
 a. 1781 b. 1851 c. 1891 d. 1931 e. 1951
- The very first one was held in New York City on March 17th, 1762. The very first what?
 a. Baseball game b. St. Patrick's Day Parade c. Spelling Bee d. Shriner's Convention
- On March 23rd, 1823, Schuyler Colfax was born. Who is Schuyler Colfax?
 a. First soldier killed at Gettysburg b. Inventor of the original fax machine
 c. Inventor of the Yo-yo d. Vice President under Ulysses S. Grant
- During the week beginning March 1st, 1960, who had a chart-topping hit called "Let It Be Me"?
 a. Elvis b. Jan & Dean c. The Everly Brothers d. The Beattles e. The Rolling Stones
- On March 27th 1964, what was the big news story in Alaska?
 a. Alaska becomes 49th State b. Alaskan Pipeline finally finished c. 8.4 Earthquake
 d. Soviet Sub Surfaces

Answers can be found on page 5

TRAIN IT: April 2015

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9 Safety Committee Meeting 7:00 am	10 Construction Meeting 6:30 am
13	14	15 Tax Day—yea!	16	17 QIP Breakfast Meeting 6:30 am
20	21	22	23 Safety Training	24 Safety Training
27	28	29	30	

AIR SYSTEMS ENGINEERING, INC.
3602 SOUTH PINE STREET
TACOMA, WA 98409